

# ECHOLIS 2019

A QUARTERLY BULLETIN OF LISIE MEDICAL AND EDUCATIONAL INSTITUTIONS



CARE with LOVE




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Lisie Hospital  
Ernakulam, P.B. No. 3053  
Kochi - 682018  
Ph: 0484 2402044  
contact@lisiehospital.org  
www.lisiehospital.org

## FROM THE DIRECTOR'S DESK

**GREETINGS.**

*Few months back we were witness to history being made, as Lisie Hospital became NABH accredited. After months and months of preparation we finally got the much awaited NABH accreditation. Now NABH has gradually started receding from our memory lanes. It should not be so. The importance of NABH can be understood only if we know about the The Kerala Clinical Establishments (Registration and Regulation) Act 2018.*

*The Kerala Clinical Establishments (Registration and Regulation) Act 2018 provides for registration and regulation of clinical establishments in Kerala.*

*The objective of the Bill is the improvement of public health by prescribing basic minimum standards for different categories of clinical establishments to ensure the provision of proper quality healthcare by the clinical establishments.*

*The following are some of the features of this Act:-*

*All systems of medicine –Modern Medicine, Ayurveda, Homeopathy, Siddha, Unani come under the purview of this act. Exceptions are Defense establishments and those offering ‘Consultation Services’ only.*

*The process is web/software based and all data will be under public domain.*

*District Registration Authority [DRA] is the key implementing body, which will have Collector as chairperson and DMO as vice chairperson and others.*

*THE DRA will grant registration, enforce compliance, conduct inspections and cancel registration.*

*All Government clinical establishments also should be registered as per this Act. As the entire process is web/software based, to start with, the Act will be implemented only in Thrissur, Palakkad and Malappuram districts.*

*There is Provisional registration which is valid for two years and Permanent registration which has a validity of three years. There will be inspections to check compliance to standards and on receiving a valid complaint. Inspection will be conducted once in two years.*

*Whoever contravenes any of the provisions of this Act will be liable to monetary penalty ranging from 10,000 to 5 lakh rupees or closure of the clinical establishment. The most salient feature of this Act is that there is NO INSPECTION FOR ESTABLISHMENTS WITH NABH ACCREDITATION WITHIN THE VALIDITY PERIOD.*

*So let us be more vigilant and more diligent. Let us not lose our hard won NABH Accreditation.*

*Let the New Year bring good tidings to all of you.*

*May GOD Bless you.*

**Fr Thomas Vaikathuparambil  
Director**

## COMMENCEMENT CEREMONY OF GNM 57th BATCH



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The commencement ceremony of 57th batch of GNM students was held on 1 October 2017 in the auditorium at 10.30 am. The programme started with prayer and Mrs Ginu Madhu nursing tutor welcomed the gathering. Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions inaugurated the function and greeted the freshers by advising them to be service oriented in providing nursing care. An inspirational message was delivered by Dr Shabeer S Iqbal, Principal, College of Allied Health Sciences. Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions, gave a brief description about Lisie hospital and various paramedical courses offered in Lisie. Thereafter, Rev Sr Fincy CMC, Principal School Of Nursing explained about the course, rules and regulations of school, hospital and hostel premises. The function came to an end with Mrs Shimina Das, Nursing Tutor, proposing words of gratitude to all.



## FAREWELL AND FRESHERS' DAY CELEBRATION



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Lisie School of Nursing organized the celebration on 20 November 2018 to welcome newcomers to be an integral part of the Lisie family and to encourage their creative impulses. The celebration also marked the final year students' successful completion of their course and their eagerness to begin a new chapter in their life. The program started at 2.30 pm with a 'rengapooja'. Ms Sherin Mariya Saju first year GNM student welcomed the gathering. Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions, Rev Fr Ajo Moothedan, Assistant Director, Lisie Hospital felicitated the gathering. The atmosphere was vibrant with talent, music and excitement. Outgoing batch of students shared their experience. The program came to an end with Lisie anthem.





The graduation ceremony of the 13th batch BSc Nursing and 5th batch Post Basic BSc Nursing students of Lisie College of Nursing was held on 10 December 2018 at Lisie Hospital Auditorium. The ceremony began with an academic procession led by chief guests and the dignitaries. After the invocation, Prof Dr Usha Marath, Principal, Lisie College of Nursing welcomed all the dignitaries, invitees and the graduates. The presidential address was delivered by Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions. The programme was inaugurated by Dr V V Unnikrishnan, Dean, Kerala University of Health Sciences and he emphasized the importance of learning, reflecting and dissipating throughout one's life and told them that the graduation was the culmination of a long and challenging but ultimately rewarding journey. Dr Mercy P J, Former Principal, St James College of Nursing and Rev Sr Anslem CSC, Nurse Manager, Lisie Hospital lighted the lamp for the graduates. The Nurses' Pledge was administered by Prof Dr Lissa Peter, Vice Principal, Lisie College of Nursing.

Dr V V Unnikrishnan and Dr Usha Marath distributed the Code of Ethics to graduates. Dr Babu Francis, Medical Superintendent, Lisie Hospital, Dr Mercy P J and Rev Sr Anslem CSC felicitated the graduates and their speech greatly empowered the grandaunts to reach greater height. Awards were distributed to the students who excelled in their academics. Mrs Soumya K Antu, Assistant Professor, Lisie College of Nursing proposed the vote of thanks. The program ended with Lisie Anthem.



## VIDHYARAMBHAM



Like in the previous years, the inauguration of the academic year 2018-19 "Vidhyarambham" was held on the 21 November 2018, at the Lisie Hospital campus. The program started with the Holy Mass in Lisie Hospital Chapel which was led by Very Rev Fr Jose Pollayil, Chancellor of Ernakulam-Angamaly Archdiocese in presence of Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions. The offertory was performed by representatives of the teaching staff of different faculties of Lisie Medical and Educational Institutions followed by the lighting of the lamp. All catholic students participated.

This was followed with snacks in the auditorium for all students. A fruitful, refreshing and motivating class was conducted by Rev Fr Varghese Perumayan (Fr Biju), Vice-chancellor of Ernakulam-Angamaly Archdiocese which was well attended and enjoyed by all the students. The theme of the class was "Stewardship" which is one of the Core-Values of Lisie Institutions. Fr Biju was introduced and welcomed by Prof Dr John Joseph, Principal, Lisie College of Pharmacy and vote of thanks was proposed by Dr Sony Jacob, Assistant Professor, Lisie College of Pharmacy.



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The Freshers' day of 17th batch of B Sc Nursing Students was organised on 7 November 2018 at 2.00 pm at Lisie College of Nursing auditorium. The function started off with a prayer, followed by the students warmly greeting the guests, teachers and welcoming other members to the function. The programme was graced with the presence of Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions and Prof Dr Usha Marath, Principal, Lisie College of Nursing. The programme included a fusion dance, solo song, a duet song, traditional dance form- "Kuchuppudi", Margamkali, group folk song and self-introduction by each student. The performance of students was so astounding that it won the heart of the audience. The function came to an end by 3.30 pm with vote of thanks by Ms Akshara, first year B Sc Nursing student. All teaching and non – teaching staffs along with students of various batches participated in the event.



## NATIONAL PHARMACY WEEK-2018



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Lisie College of Pharmacy celebrated the National Pharmacy Week from 19-24 November 2018. Theme for this year was "Pharmacist for a Healthy India". As a part of this, a poster presentation competition was conducted at the college. First year D. Pharm students performed a flash mob at Civil Station, Collectorate, Ernakulam. The performance was to highlight the safe and proper use of Antibiotics. The programme was well attended and appreciated by the public. Leaflets explaining the safe use of Antibiotics were distributed to the public.





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Third year GNM students of Lisie School of Nursing along with Medical Social Work Department made arrangements for the World AIDS day celebration on 1 December 2018. The programme started with prayer song. Ms Deepa Paul third year GNM student welcomed the gathering. Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions, in his presidential address emphasized the need of HIV testing for expanding treatment and ensuring that all people living with HIV can lead healthy and productive lives. The meeting was inaugurated by Dr Babu Francis, Medical Superintendent, Lisie Hospital. He highlighted that stigma and discrimination deter people from taking an HIV test and the need to overcome such stigma. Rev Fr Ajo Moothedan, Assistant Director, Lisie Hospital, Rev Fr Joseph Makothakkadu released the theme. The pledge of the day was led by Fr Ajo Moothedan. Rev Sr Fincy CMC, Principal School of Nursing delivered a valuable message for the day. The programme came to an end with vote of thanks by Ms Anju Pappachan, MSW department. Fr Ajo Moothedan, flagged off an AIDS awareness rally conducted by the students from Lisie outpatient block to North railway station. A street play by GNM students was also arranged in reception area of the hospital and at the north railway station.



**MEDICAL CAMP @ KANNAMALI**



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The Medical Social Work Department of Lisie Hospital in association with the Kannamali Janamaithri Police organized a medical camp at St Francis Xavier Forane church, Kandankkadavu on 25 November 2018. Sri S Vijayan, Assistant Commissioner of Police, Mattancherry officially inaugurated the camp and Rev Fr Stephen J Punnakkal, Vicar, St Francis Xavier Forane Church, Kannamali; Principal of St.Xaviers School; Sri William Cletus, Additional SI spoke on the occasion. Rev Sr Alphonsa Koottala, HOD Medical Social Work Department, Dr Sano Maleth Zachariah, Dr Mousmi Shafeer, Dr Ani Thampi, other MSW staff, Mr Jaimon Joseph PRO Assistant, and Nursing staff coordinated the medical camp. Student Police Cadets from Government High School, Puthenthodu, Police officers from Kannamali police station played a vital role in the conducting of medical camp. Around 200 people attended the camp.





Pain and palliative care volunteers organized a charity fair in view of Christmas in the hospital reception area on 18 December 2018. The main aim behind conducting the fair was to raise fund through the collection of sale of items to help the patients who are financially poor especially cancer patients. It was officially inaugurated by Rev Fr Ajo Moothedan, Assistant Director, Lisie Hospital, Dr Rosakutty, HOD, Department of pain and palliative care, and Dr Saramma were present for the function.

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There was an awesome response from the part of public as well as the hospital staff towards the fair. Volunteers brought a large number of food products and Christmas decoration items for the sale. Together with these a lucky dip game was also held. Staff of Pain and Palliative care, Medical Social Work department and students from school of Nursing rendered whole hearted support to the volunteers for the success of programme. Charity fair came to an end at 2 pm.

## CHILDREN'S DAY CELEBRATIONS

The Pediatric department along with the Medical social work department of Lisie Hospital organized a brief function to share the importance of children's day celebrations in the pediatric ward. Rev Fr Ajo Moothedan, Assistant Director, Lisie Hospital, doctors from the pediatric department, Mr Sabu, Purchase Manager, ward in charge were present for the function.



The hospital management distributed new toys and play materials to the children which was then followed by games that MSW trainees conducted for the children who were admitted in the ward. Prizes were distributed to the winners followed by sweets.



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Allergy is the abnormal or exaggerated reaction of the body to certain ordinary substances around it. Allergy can present as Allergic rhinitis (sneezing, nasal block, nasal discharge), Atopy (itching, redness or swelling of the skin) or Asthma (breathlessness or wheezing). Severe allergy can also present as Angioedema (abnormal swelling of the lips, tongue, and face) or Anaphylaxis (shock and collapse). Currently, approximately 20-30% of the population suffers from at least one of the allergic diseases.

In order to correctly manage Allergy, we need to be comprehensive in our approach. We need combined efforts from all specialists dealing with allergy, from the nose to the lungs, and we need to diagnose, treat and counsel the patients effectively. Every case of allergic rhinitis



managed early saves a patient from becoming a case of bronchial asthma. The Lisie Allergy and PFT lab was established with a view of giving comprehensive care to our many allergy and asthma patients. The Lab was inaugurated on 1 October 2018, with a blessing and prayer by Rev Fr Thomas Vaikathuparambil, Director, Lisie Hospital.

Skin Allergen Testing (SAT) is currently the gold standard for testing and treating allergy. It is cost-effective, affordable to patients, and easily done. A drop of the allergen solution is placed on the skin of the forearm and a tiny prick is given. The



resulting reaction gives us a clue to the cause of the patient's allergies.

For patients in whom Skin Allergen Tests are not possible, like the very young, elderly, pregnant ladies, or those with severe skin conditions, we do Serum specific allergen testing. Drug allergy tests, especially for pre-operative patients with multiple drug allergies are also done here, to facilitate the safest possible combination of drugs to be used while they undergo the procedure. Pulmonary Function tests are also done here. We also focus on Asthma and Allergy counselling, with a special emphasis on correct usage of inhalers and sprays.

Allergy, like Diabetes, is a lifelong problem. It can come and go, and it can make a patient's life miserable. However, with the correct management, it can be well controlled.

*Dr Jareen Ebenezer*

*Consultant in ENT & Rhinology*

*Lisie Hospital*

## Lisie Allergy and PFT Lab

For care of Allergy and  
Asthma patients

Now doing:  
Skin Allergen Testing ( Skin Prick Test)  
Serum Allergen Testing  
Drug Allergy Testing  
Pulmonary Function Testing



**LISIE**  
HOSPITAL  
ERNAKULAM




Advance Booking Number

For Doctors' Appointment: 0484 2401141 (7.00 am to 6.30 pm)

P. B. No. 3053, Kochi - 682018, Ph: 0484 2402044  
Web: [www.lisiehospital.org](http://www.lisiehospital.org), Mail: [contact@lisiehospital.org](mailto:contact@lisiehospital.org)





The Christmas day celebrations of Lisie Medical and Educational Institution were conducted on 21 December 2018. The entire Lisie family gathered to celebrate the birth of the saviour. The programme started by invoking God's blessing. Ms Greeshma Santhosh, 4 year BSc Nursing student welcomed the gathering. Great fun and frolic followed with the arrival of Santa. Enlightening Christmas messages were given by Rev Fr Thomas Vaikathuparambil, Director; Dr Babu Francis, Medical Superintendent; Dr Shabeer S Iqbal, Principal College of MLT and Rev Sr Anslem, Nurse Manager. As a part of Christmas celebration, crib and carol competitions were conducted. Areas were allocated for the contestants and 24 hours was given for the preparation of the crib thereafter it was evaluated.

Rev Fr Jery Njaliath announced the winners of crib and carol competitions and Rev Fr Ajo Mootheden, Rev Fr Anto Chalassery and Rev Fr Paul Chembothinal distributed the prizes for the winners.

#### Winners of Crib competition

- 1<sup>st</sup> prize : Lisie college of Pharmacy
- 2<sup>nd</sup> prize : Lisie College of Nursing (1<sup>st</sup> and 3<sup>rd</sup> years)
- 3<sup>rd</sup> prize : Lisie College of Nursing (2<sup>nd</sup> and 4<sup>th</sup> years),  
Lisie School of Nursing

#### Winners of Carol competition:

- 1<sup>st</sup> prize : Lisie College of Nursing (1<sup>st</sup> and 3<sup>rd</sup> years)
- 2<sup>nd</sup> prize : Lisie College of Nursing (2<sup>nd</sup> and 4<sup>th</sup> years)
- 3<sup>rd</sup> prize : Lisie School of Nursing



**Third Prize Shared**



The function was further sweetened by Cake cutting followed by a carol song by the winners. Guests and audience thoroughly enjoyed the entertainment programme presented with the coordinated efforts of entire educational institutions. The programme came to an end with a vote of thanks offered by Ms Josna Jose, 4 year BSc Nursing student.

## Congratulations Dr P J Musna



The department of Cardiology of Lisie Hospital organized a function to felicitate Dr P J Musna, Senior Registrar, DNB for her achievement in winning National award for her thesis. Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions and Asst Directors joined the Consultants, Junior doctors and staff members in felicitating Dr Musna for her achievement which was a testimony of her academic brilliance and the guidance of brilliant and dedicated doctors in the department. During the function academic achievements of the department in publishing original papers and conducting research were appreciated by Fr Thomas Vaikathuparambil. Dr Rony Mathew thanked the Lisie hospital management for the great support and encouragement.

# Christmas Celebrations 2018



# Lisie Family Day Celebrations

13-10-2018





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The World Diabetes Day was celebrated on 14 November 2018 at Lisie hospital. The programme was presided over by Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions and it was inaugurated by Dr George Paulose, senior consultant, Department of Diabetology. This was followed by a talk by Dr Betsy Anie Koshi, Department of Diabetology, who emphasized the contribution of family in the life of diabetic patient which was the theme for the day. Dr Sona Susan Abraham, Consultant, Department of Endocrinology, spoke about diabetes and the issues that were related to diabetes. The program was felicitated by Mrs Anitha Johnson HOD, Department of Dietetics. The day was marked with events like workshop on diabetic foot care, free blood sugar check up clinic and display and sale of food for the diabetic. A total number of 280 people utilized the clinic set up for the free blood sugar check up. The trainees from the dietetics department performed a skit on the various facets of the diabetes.



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## WORLD COPD DAY CELEBRATIONS



The Pulmonology department along with Medical Social Work Department of Lisie hospital organized a series of events as part of the World COPD day. The celebration started with a well attended WALKATHON which had the staff, students and trainees of our hospital. Rev Fr Thomas Vaikathuparambil, Director, Lisie Hospital flagged off the WALKATHON and it ended up at Kaloor Junction. Dr Paramez, Head of Pulmonology department and Sr Alphonsa, head of MSW department, led the program. A public meeting was held in the training hall. Rev Fr Joseph Makkothakkatt, Assistant Director, Lisie hospital inaugurated the function. Fr Thomas Vaikathuparambil, Dr Paramez, Dr Thomas Kurian addressed the gathering. As part of the function Rev Sr Dr Shigy Francis, Physiatrist and Mr Jaison, Physiotherapist explained and demonstrated breathing exercises. A poster competition was also organized as part of the COPD day celebrations. The theme of the competition was based on "Lung and Environment". The winners were selected by the marks given by judges and facebook likes. Ms. Isha Jalet (Nephrology ICU), Students of BSc MLT second year batch and Ms Anu Alex (Pulmonology ICU) were pronounced as the first, second and third prize winners respectively.

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**Dr Rohitha S Chandra**  
**Clinical Microbiologist &**  
**Infection Control Officer**  
**(Microbiology)**

It was a morning like any other for seven year old Athira who was never able to get her complete quota of sleep. Hardly expected, considering the fact that the underside of the rickety old railway bridge at Ghatkopar cannot be considered a bedroom. Just when she would begin to see the fairy emerge from behind the clouds, her dream would be interrupted by loud honks and angry abuses from motorists and pedestrians. Once she even got kicked by a nasty old lady because she was sleeping on the pavement, which according to the old woman, was meant for pedestrians and not beggars! What in the world!!

Athira slowly rubbed her eyes and shaded her vision from the harsh morning sun. These days the mornings were very hot and she always woke up with a parched sensation in her throat, as if she had been walking miles across the desert. She tried not to think about it because she knew it would be another hour or two before Meethu brought some water. Meethu was Athira's universe and she always wondered whether there was any blood relation between them. Her earliest memory of Meethu was of them sharing a piece of funny tasting cake, with Meethu generously handing her a bigger piece. Of course, that same evening, Athira came down with severe abdominal pain and loose stools and she remembered vaguely having heard Meethu curse herself for not noticing that the cake was spoilt. Athira did not know how old Meethu was but she always felt protected and completely safe with her, hence she called her Deed (short for Deedi, meaning elder sister in Hindi). And thus began the most special friendship between them, something the other street children always made fun of saying it would not last long, although Athira never could understand why.

Athira was jolted out of her reverie by the

sighting of a big fat rat from behind the heap of garbage. In spite of her long standing association with garbage dumps, she still jumped out of her skin every time she saw a rat. In that sudden movement, she failed to notice Meethu standing behind her and almost toppled the bottle in her hand.

"Athira, watch it! This is all we have for today" said Meethu irritably. "Oh Deed, thank God you came, I am so thirsty please give me some." "Only three sips or it will be over soon" chided Meethu. Looking at Athira, Meethu felt her anger dissipate as she thought of how the water tanker driver had tried to lift her skirt while she was busy trying to get some water. For Athira, she would let him have his share of fun again tomorrow.

"Deed, I am very hungry. You took such a long time to get some water. All our usual bins will be empty now." So saying, Athira's eyes filled up with tears. "We have not eaten anything since yesterday afternoon. Please give me something Deed..." she wailed. "Don't worry. Let us go to that isolated bin near Inorbit Mall. I am sure we will find some pizza leftovers there" Said Meethu. "Yes yes yes!! I love pizza!" said Athira and started running towards the mall. Together, they managed to sneak past the tall, hefty security guard, the one who always pinched their ears if he caught them near the two wheeler parking lot. Athira always wondered whether being grown up meant that they had the license to be cruel. If so, she was in no hurry to grow up.

As they neared the bin, they looked at each other with well rehearsed synchrony because this was the part they could both play with their eyes closed. Meethu knelt down on all fours and Athira hoisted herself up to check the contents of the bin. The foul smell of rotten food did not bother her at all. Nor did the flies that flew around her, buzzing animatedly at being disturbed while they were at work. She could see a thin crust of bread and a small piece of chicken.... she leaned over and grabbed it happily. Oh wait, there was actually a full piece of pizza bread, some chicken and a small onion piece too! She jumped down and together they cherished that meal. "Isn't it nice that rich people waste food?" asked Athira. Meethu nodded absentmindedly, her mind already worrying about the next meal. "Deed, let me have a peek one more

time” said Athira. Meethu obliged and Athira went back to rummaging inside the bin. Her eyes caught sight of something colourful inside a white packet. She was suddenly reminded of her dream, with a fairy peeking at her from behind the clouds. She stretched herself to her maximum and managed to curl a finger around the loop of the packet. “Enough, or I will drop you right now” said an angry Meethu. Athira jumped down and gingerly opened the packet. There inside, was the most beautiful kite that Athira had ever seen. “Deed, see what I found. Today is the luckiest day of my life!” she said prancing around happily.

“Balu, please stop. Please beta”. Hearing this, Athira turned around. She saw a boy, around her age, crying and running towards the bin. In a second, he threw the packet in his hand into the bin and continued running, ignoring his mother’s pleas. “Okay, if you don’t like the train, I will get you another NERF gun. Please do not cry” she implored, running after him.

Athira and Meethu looked at each other with well rehearsed synchrony. Today was indeed a very lucky day.



The SNA unit of Lisie College of Nursing organised a farewell function for the outgoing 13 batch of BSc Nursing and 6 batch of Post Basic BSc Nursing students on 7 December 2018 at Lisie Auditorium. The event named “SAMPAL JUMPA” started with a short video showing the glimpses of students college life. Students from all the batches put in their best in the colourful cultural programme dedicated to their seniors, which included a comedy skit, fusion dance and a group song. Various exciting games were also arranged for the outgoing students. The reply to the toast was given by Ms Agate and Mrs Mary P Antony representing the outgoing batches.

**BSc FAREWELL FUNCTION - 2018**



## BLESSING OF TRANSPLANT

### COORDINATOR OFFICE



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With the increase in number of patients who need to undergo transplant as a last resort to save their lives, a separate cabin for the transplant coordinator was blessed and started functioning. It is situated adjacent to Emergency Department. The official inauguration and blessing was done by Rev Fr Ajo Moothedan, Assistant Director, Lisie Hospital. Rev Sr Alphonsa Koottala transplant co-ordinator, and Rev Sr Mercy, MSW staff were present on the occasion.

## Lisie Emergency Handbook Release



Lisie Emergency Medicine handbook release took place on 8 October 2018. Rev Fr Thomas Vaikathuparabil, Rev Fr Jery Njaliath & Rev Fr Anto Chalissery attended the function.

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## Nutrizione



First year GNM students of Lisie school of nursing conducted Nutrizione event on 31 December 2018, as a part of their curriculum. The students were assigned to five groups and each group prepared two delicious dishes, which were later presented to the class.

## Winner of Echolis Quiz Competition (October 2018 issue)



Mr Delvin Sebastian from Lisie Medical Social Work Department was the winner of Echolis Quiz competition and received the gift voucher of Lisie Diner from Rev Fr Ajo Moothedan, Asst Director, Lisie Hospital.



ലിസി ഹോസ്പിറ്റൽ ഡേ വർണാഭമായ ചടങ്ങുകളോടെ ഒക്ടോബർ 13 നു ലിസി ഹോസ്പിറ്റൽ ഓഡിറ്റോറിയത്തിൽ വെച്ച് നടത്തപ്പെട്ടു. Bp Mar Jose Puthenveetil (എറണാകുളം അങ്കമാലി അതിരൂപത) അധ്യക്ഷനായ ചടങ്ങ് എം എൽ എ ഹൈബി ഇന്റഡൻ ഉദ്ഘാടനം ചെയ്തു. Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions, Dr Babu Francis, Medical Superintendent, Dr Usha Marath, Principal, Lisie College of Nursing, Rev Sr Leeda Mariya, Nurse Manager തുടങ്ങിയവർ ആശംസ അറിയിച്ചു. തുടർന്ന് Academic Achievement Awards വിതരണവും ലിസി ഡേയോട് അനുബന്ധിച്ചു നടത്തിയ മത്സരങ്ങളുടെ ഫലപ്രഖ്യാപനവും നടന്നു. ലിസി സ്കൂൾ ഓഫ്

നഴ്സിംഗ് വിദ്യാർത്ഥികളും ഹോസ്പിറ്റൽ സ്റ്റാഫുകളും നേതൃത്വം നൽകിയ വിവിധ കലാപരിപാടികളും അരങ്ങേറി.

ലിസി ദിനാഘോഷത്തിന്റെ മുന്നോടിയായി ലിസി കുടുംബാംഗങ്ങൾക്ക് വിവിധ മത്സരങ്ങൾ സംഘടിപ്പിച്ചു. പ്രായ പരിധി നിശ്ചയിച്ചു രണ്ടു വിഭാഗങ്ങളായി നടത്തിയ കഥാ-കവിത രചന, ഉപന്യാസ രചന, ചിത്ര രചന, ക്വിസ് മത്സരം എന്നിവ നടത്തി. സമകാലിക പ്രസക്തിയുള്ള വിഷയങ്ങൾ ആയിരുന്നു മത്സര വിഷയങ്ങളിൽ ഉൾപ്പെടുത്തിയിരുന്നത്.



**International Day of Radiology**



The celebrations of International day of Radiology were held on the 8 November 2018 at 10.30 am at Reception Foyer. The day is celebrated to commemorate the landmark discovery of X-Rays by Wilhelm Conrad Roentgen on 8 November 1895. The theme for 2018 celebrations was Cardiac Imaging. The celebrations were inaugurated by Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions. In his inaugural address Fr Thomas Vaikathuparambil specially mentioned the Radiological services provided by LIRRIS and made it clear that Lisie Hospital is determined to bring in the latest technology to common man at an affordable cost. Dr Rony Mathew, Head of the Department of Cardiology felicitated the gathering. He placed on record his appreciation of the 24 x 7 imaging support provided by LIRRIS, all the more in Emergency Cardiology clinical situations like Aortic dissection and Pulmonary embolism. Dr Amel Antony, Head of the Department of Radiology, in his key note address, highlighted the role of Radiology in diagnosis and management of various cardiac conditions and the emerging role of newer imaging modalities. Mrs Preethy Francis welcomed the gathering and Mr Pratheesh proposed Vote of Thanks.



**സ്മരണാഞ്ജലി**



A commemorative prayer meeting to condole the sad demise of Mrs Soumya Toji, dietician of the Dietary Department, Lisie Hospital, who passed away on 30 October 2018 was held in the training hall on 19 December 2018 at 3.30 pm. Soumya's parents, husband, children, brother and sister in law attended the prayer meeting. The meeting started with a prayer song by Ms Vibi Wilson, Dietician and Ms Arsha Rose Trainee, followed by Bible reading and prayers for the departed soul. Rev Fr Thomas Vaikathuparambil, Director, Lisie Hospital delivered a memorial speech reminding us that God's will hath no why?. Mrs Anitha Johnson, HOD, Department of Dietetics and Nutrition remembered Soumya who worked as Dietician for 8 years. Death is not end of anything but the beginning. The beginning of memories. Mrs Soumya will always be with us, her memories will last forever. May her soul rest in peace. Amen.



**Commencement of classes for the New batch of B Sc Nursing**



The course commencement of first year B Sc Nursing, 17th batch, was held on 3 October 2018. An induction programme was arranged in Lisie Auditorium at 12.00 pm. Fifty students along with their parents were present. The programme was inaugurated by Rev Fr Thomas Vaikathuparambil, Director, Lisie Medical and Educational Institutions, Rev Fr Jery Njaliath, Assistant Director, Lisie Medical and Educational Institutions, and Rev Fr Anto Challisery, Assistant Director, Lisie Hospital, felicitated students and parents. Prof Dr Usha Marath, Principal, Lisie College Of Nursing, gave an orientation on the course. Among the parents, Mrs Vincy Babu , mother of Ayana Babu was selected as the PTA representative. The programme ended at 1.30 pm.



[https://www.facebook.com/media/set/?set=a.1110214789152898&type=1&\\_b7e476277a](https://www.facebook.com/media/set/?set=a.1110214789152898&type=1&_b7e476277a)

[https://www.facebook.com/media/set/?set=a.1058926757615035&type=1&\\_c9c36c09f2](https://www.facebook.com/media/set/?set=a.1058926757615035&type=1&_c9c36c09f2)

# ACLS REFRESHER TRAINING



Three days ACLS refresher training was conducted on 12th, 19th and 26th November 2018 in the Training Hall from 8.30 am to 12.00 pm. The resource person for the training session was Dr Dhanika, Consultant Emergency Medicine. All the ACLS trained staff nurses and technicians of Lisie hospital attend the refresher training. The sessions include both theory and practical demonstration. The training was very helpful for the staff nurses to manage a code Blue situation.



## Best Wishes to Fr Augustin



അപകടമരണം സംഭവിച്ച ഏലിയാസിലൂടെ പുതുജീവിതത്തിലേക്ക് പ്രവേശിച്ച ഫാ. അഗസ്റ്റിൻ കേക്ക് മുറിച്ചു സന്തോഷം പങ്കിടുന്നു. 16-09-2018-നു ലിസി ഹോസ്പിറ്റലിലെ ഡോ ജോസ് ചാക്കോ പെരിയപുറത്തിന്റെ നേതൃത്വത്തിലായിരുന്നു ഹൃദയം മാറ്റിവെക്കൽ ശസ്ത്രക്രിയ വിജയകരമായി പൂർത്തിയായിട്ടുണ്ട്. നമ്മുടെ തന്നെ ആശുപത്രി ജീവനക്കാരിയായ ജനീനയുടെ ദർശനമാണ് ഏലിയാസ്.



<https://www.facebook.com/media/set/?set=a.1090535514454159&type=1&l=5e4993be39>

## Farewell greetings to our Beloved



**Sr Josia SSS**  
Office Assistant  
Admission Desk



**Dr Sunil T**  
Consultant  
Surgical Gastroenterology



**Dr Nisbet Samuel**  
Asso Consultant  
Emergency Medicine



**Dr Nevin Kannappilly**  
Consultant  
Critical Care Medicine

## Welcome to Lisie Family



**Sr Silgy Kuriakose DCPB**  
Staff Nurse  
CCU



**Sr Navya DDP**  
Trainee Nurse  
Surgical Recovery



**Sr Agna Maria FCC**  
CT Coordinator



**Sr Murphy SSS**  
Office Assistant  
Admission Desk

## Welcome to Lisie Family



**Dr Bindu Banumathy**  
Senior Consultant  
Neurology



**Dr Byju Kundil**  
Senior Consultant  
Surgical  
Gastroenterology



**Dr Anjana Pratap**  
Junior Consultant  
Surgical  
Gastroenterology



**Dr Vivin Abraham**  
Paediatrics  
Consultant



**Dr Dhanika Suresh**  
Emergency Medicine  
Junior Consultant



**Dr Bon Sebastian**  
Critical Care Medicine  
Junior Consultant



**Dr Nithu Ann George**  
Junior Consultant  
Neonatology



**Dr Mano Zac Mathews**  
Junior Consultant  
Surgical  
Gastroenterology

## Health Awareness Days

### January

- 2 to 7 Road Safety Week
- 30 World Leprosy Eradication Day

### February

- 4 World Cancer Day
- 12 Sexual and Reproductive Health Awareness Day

### March

- 6 Glaucoma Day
- 8 International Women's day
- 11 No Smoking Day
- 12 World Kidney Day
- 15 World Consumer Rights Day
- 22 World Water Day
- 24 World TB day

## വിവിധ ചികിത്സാ വിഭാഗങ്ങളും ഒ. പി. ദിവസങ്ങളും

**ജനറൽ മെഡിസിൻ**

- |                         |                |
|-------------------------|----------------|
| 1. ഡോ. ടി.കെ. ജോസഫ്     | (തിങ്കൾ - ശനി) |
| 2. ഡോ. അരുൺ എ.കെ        | (തിങ്കൾ - ശനി) |
| 3. ഡോ. എ.പി. ജോണി       | (തിങ്കൾ - ശനി) |
| 4. ഡോ. ജോർജ്ജ് സേവ്യർ   | (തിങ്കൾ - ശനി) |
| 5. ഡോ. അടിലാഷ് ചാക്കോ   | (തിങ്കൾ - ശനി) |
| 6. ഡോ. എബിൻ ജെ. കുളങ്ങര | (തിങ്കൾ - ശനി) |
| 7. ഡോ. അനി തമ്പി        | (തിങ്കൾ - ശനി) |

**ഡയബറ്റോളജി വിഭാഗം (പ്രമോദ രോഗ ചികിത്സാ വിഭാഗം)**

- |                         |                |
|-------------------------|----------------|
| 1. ഡോ. ജോർജ്ജ് പൗലോസ്   | (തിങ്കൾ - ശനി) |
| 2. ഡോ. ബെന്റസി ആനി കോശി | (തിങ്കൾ - ശനി) |

**എൻഡോക്രൈനോളജി, ഡയബറ്റിസ് & മെറ്റബോളിക്**

- |                          |                                  |
|--------------------------|----------------------------------|
| 1. ഡോ. സോനാ സുസൻ എബ്രഹാം | (തിങ്കൾ - ശനി, 10.00 to 3.00 pm) |
|--------------------------|----------------------------------|

**പർമനോളജി (ശ്വാസകോശ രോഗ വിഭാഗം)**

- |                      |                |
|----------------------|----------------|
| 1. ഡോ. പരമേശ് എ. ആർ. | (തിങ്കൾ - ശനി) |
| 2. ഡോ. തോമസ് കുര്യൻ  | (തിങ്കൾ - ശനി) |

**ജനറൽ സർജറി വിഭാഗം (ശസ്ത്രക്രിയ വിഭാഗം)**

- |                         |                        |
|-------------------------|------------------------|
| 1. ഡോ. ജോയ് മാമ്പിള്ളി  | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 2. ഡോ. പൗലോസ് ജേക്കബ്   | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 3. ഡോ. സന്ദീപ് ജനാർദ്ദൻ | (തിങ്കൾ, ബുധൻ, വെള്ളി) |

**ഡെർമറ്റോളജി (തൃക്ക് രോഗ വിഭാഗം)**

- |                    |                                      |
|--------------------|--------------------------------------|
| 1. ഡോ. സോമൻ പിറ്റർ | (തിങ്കൾ, ചൊവ്വ, വ്യാഴം, വെള്ളി, ശനി) |
|--------------------|--------------------------------------|

**ഓഫ്താൽമോളജി (നേത്ര രോഗ വിഭാഗം)**

- |                   |                          |
|-------------------|--------------------------|
| 1. ഡോ. ലതാ മാത്യു | (തിങ്കൾ to വ്യാഴം & ശനി) |
|-------------------|--------------------------|

**ഇ.എൻ.ടി. (ചെവി, മൂക്ക്, തൊണ്ട വിഭാഗം)**

- |                       |                        |
|-----------------------|------------------------|
| 1. ഡോ. റീന വർഗ്ഗീസ്   | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 2. ഡോ. ഫ്രാങ്കി ജോസ്  | (തിങ്കൾ, ബുധൻ, വെള്ളി) |
| 3. ഡോ. ദിവ്യ മോഹൻ വി. | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 4. ഡോ. ജോസഫ് മാത്യു   | (തിങ്കൾ, ബുധൻ, വെള്ളി) |
| 5. ഡോ. ജെറീൻ എബെനേസർ  | (തിങ്കൾ, ബുധൻ, വെള്ളി) |

**ഓർത്തോപീഡിയക്സ് (അസ്ഥി രോഗ വിഭാഗം)**

- |                     |                        |
|---------------------|------------------------|
| 1. ഡോ. കെ. രാജാറാം  | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 2. ഡോ. സുരേഷ് പോൾ   | (തിങ്കൾ, ബുധൻ, വെള്ളി) |
| 3. ഡോ. ബിജു പി. എ.  | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 4. ഡോ. അങ്കിത് ജോസ് | (തിങ്കൾ, ബുധൻ, വെള്ളി) |

**നെട്രോളജി (മാതൃക രോഗ വിഭാഗം)**

- |                      |                           |
|----------------------|---------------------------|
| 1. ഡോ. കുറുവിള തോമസ് | (തിങ്കൾ - ശനി After 4 pm) |
|----------------------|---------------------------|

**ഗ്യാസ്ത്രോ എൻറോളജി (ഉദര രോഗ വിഭാഗം)**

- |                      |                |
|----------------------|----------------|
| 1. ഡോ. ജോണി സിറിയക്  | (തിങ്കൾ - ശനി) |
| 2. ഡോ. തോമസ് ജെയിംസ് | (തിങ്കൾ - ശനി) |

**ഗ്യാസ്ത്രോ ഇൻ്റസ്റ്റീനൽ സർജറി വിഭാഗം**

- |                          |                |
|--------------------------|----------------|
| 1. ഡോ. ബൈജു കുണ്ടിൻ      | (തിങ്കൾ - ശനി) |
| 2. ഡോ. മനോ സാക് മാത്യുസ് | (തിങ്കൾ - ശനി) |

**നെഫ്രോളജി (വൃക്ക രോഗ വിഭാഗം)**

- |                       |                   |
|-----------------------|-------------------|
| 1. ഡോ. ബാബു ഫ്രാൻസിസ് | (തിങ്കൾ - വെള്ളി) |
| 2. ഡോ. ജോസ് പി. പോൾ   | (തിങ്കൾ - വെള്ളി) |

**ന്യൂറോളജി (മസ്തിഷ്ക രോഗ വിഭാഗം)**

- |                          |                |
|--------------------------|----------------|
| 1. ഡോ. അരുൺ കുമാർ എ. എൽ. | (തിങ്കൾ - ശനി) |
| 2. ഡോ. ജോൺ ജെ. വൈദ്യ     | (തിങ്കൾ - ശനി) |
| 3. ഡോ. ബി. ബിന്ദു        | (തിങ്കൾ - ശനി) |

**ന്യൂറോ സർജറി (മസ്തിഷ്ക രോഗ വിഭാഗം)**

- |                              |                   |
|------------------------------|-------------------|
| 1. ഡോ. കോശി ജോർജ്ജ്          | (തിങ്കൾ - വ്യാഴം) |
| 2. ഡോ. ബി. ദ്യാ              | (ചൊവ്വ, വെള്ളി)   |
| 3. ഡോ. കൃഷ്ണനാസ്             | (ബുധൻ, ശനി)       |
| 4. ഡോ. സന്തോഷ് ജോർജ്ജ് തോമസ് | (വ്യാഴം, ശനി)     |

- |                      |                |
|----------------------|----------------|
| 5. ഡോ. ബിജി ബാഹുലേയൻ | (തിങ്കൾ, ബുധൻ) |
|----------------------|----------------|

**ഹിസ്ടോപാതോളജി & റീഫറണലിറ്റേഷൻ**

- |   |                |
|---|----------------|
| 1. ഡോ. സി. ഷിജി ഫ്രാൻസിസ് (സി. ക്രിസ്റ്റീന) | (തിങ്കൾ - ശനി) |
|---|----------------|

**ഡെന്റൽ വിഭാഗം (ദന്ത രോഗ വിഭാഗം)**

- |                      |                         |
|----------------------|-------------------------|
| 1. ഡോ. ബിജി രാജ്     | (തിങ്കൾ - ശനി)          |
| 2. ഡോ. രാജീവ് എസ്    | (തിങ്കൾ to വ്യാഴം, ശനി) |
| 3. ഡോ. റോസ് കുര്യൻ   | (തിങ്കൾ - ശനി)          |
| 4. ഡോ. ടെറി തോമസ്    | (വെള്ളി)                |
| 5. ഡോ. ഫോമ ഗിൻബർട്ട് | (തിങ്കൾ - ശനി)          |

**ഓങ്കോളജി വിഭാഗം**

- |                               |                |
|-------------------------------|----------------|
| 1. ഡോ. അശോക് എസ്. കൊമരൻചാത്ത് | (തിങ്കൾ - ശനി) |
|-------------------------------|----------------|

**സർജിക്കൽ ഓങ്കോളജി വിഭാഗം**

- |                           |                        |
|---------------------------|------------------------|
| 1. ഡോ. അരുൺ പിറ്റർ മാത്യു | (തിങ്കൾ, ബുധൻ, വെള്ളി) |
|---------------------------|------------------------|

**പീഡിയാട്രിക്സ് വിഭാഗം (ശിശുരോഗ വിഭാഗം)**

- |                         |                         |
|-------------------------|-------------------------|
| 1. ഡോ. മാർതരൂട്ട് ജോസഫ് | (തിങ്കൾ to ശനി am only) |
| 2. ഡോ. ജെസി തോമസ്       | (തിങ്കൾ - ശനി)          |
| 3. ഡോ. ശശിധരൻ പി. യു.   | (തിങ്കൾ - ശനി)          |
| 4. ഡോ. ഹിമ മാത്യുസ് പി. | (തിങ്കൾ - ശനി)          |

**നിയോ നെട്രോളജി വിഭാഗം**

- |                        |                |
|------------------------|----------------|
| 1. ഡോ. ശിവജി ആർ. ഫാസില | (തിങ്കൾ - ശനി) |
| 2. ഡോ. വിവിൻ എബ്രഹാം   | (തിങ്കൾ - ശനി) |

**ജിനിയോട്രിക് വിഭാഗം**

- |                           |                      |
|---------------------------|----------------------|
| 1. ഡോ. റോസക്കുട്ടി മാത്യു | (തിങ്കൾ am - ശനി am) |
| 2. ഡോ. സാറാമ്മ ഈശോ        | (തിങ്കൾ am - ശനി am) |

**ഹൈനക്കോളജി വിഭാഗം**

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|--------------------------|------------------------|
| 1. ഡോ. എമ്മി ഡിസൂസ       | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 2. ഡോ. രമാദേവി           | (തിങ്കൾ, ബുധൻ, വെള്ളി) |
| 3. ഡോ. Sr. രാണി പോൾ      | (തിങ്കൾ, ബുധൻ, വെള്ളി) |
| 4. ഡോ. സിമി രാജ് ടി. ജെ. | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 5. ഡോ. സുമി പി. തമ്പി    | (ചൊവ്വ, വ്യാഴം, ശനി)   |
| 6. ഡോ. വി. അനൂ തോമസ്     | (തിങ്കൾ, ബുധൻ, വെള്ളി) |

**യൂറോളജി വിഭാഗം**

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|---------------------------|---------------------------|
| 1. ഡോ. ദാമോദരൻ നമ്പ്യാർ   | (തിങ്കൾ pm, ബുധൻ, വെള്ളി) |
| 2. ഡോ. വിജു ജോർജ്ജ്       | (ചൊവ്വ pm, വ്യാഴം, ശനി)   |
| 3. ഡോ. തോമസ് പുതുക്കാടൻ   | (ചൊവ്വ, വെള്ളി)           |
| 4. ഡോ. സനിൽ കുമാർ എൻ. കെ. | (ബുധൻ, വ്യാഴം)            |

**കാർഡിയോളജി (ഹൃദയരോഗ വിഭാഗം) Booking No. 0484 2401821**

- |                               |                        |
|-------------------------------|------------------------|
| 1. ഡോ. റോണി മാത്യു കടവിൽ      | (തിങ്കൾ - വെള്ളി)      |
| 2. ഡോ. ജേക്കബ് ജോസഫ്          | (തിങ്കൾ - വെള്ളി)      |
| 3. ഡോ. ജാബിർ അബ്ദുള്ളക്കുട്ടി | (തിങ്കൾ - വെള്ളി)      |
| 4. ഡോ. ജോ ജോസഫ്               | (തിങ്കൾ - വെള്ളി)      |
| 5. ഡോ. ജിമ്മി ജോർജ്ജ് .       | (തിങ്കൾ - ശനി )        |
| 6. ഡോ. അജിത്ത് കുമാർ കെ. ആർ   | (തിങ്കൾ am, വ്യാഴം am) |

**ഇലക്ട്രോ ഫിസിയോളജി**

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|---------------------|-----------------|
| 1. ഡോ. അജിത് തച്ചിൻ | (തിങ്കൾ - ശനി ) |
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**കാർഡിയോക് സർജറി**

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|--------------------------------|-------------------|
| 1. ഡോ. ജോസ് ചാക്കോ പെരിയപ്പുറം | (ചൊവ്വ, വെള്ളി)   |
| 2. ഡോ. ഭാസ്കർ രംഗനാഥൻ          | (തിങ്കൾ - വെള്ളി) |
| 3. ഡോ. ജിന്ദേഷ് ജോൺ തോമസ്      | (തിങ്കൾ - വെള്ളി) |
| 4. ഡോ. ടൈമൺ ഫിലിപ്പോസ്         | (തിങ്കൾ - വെള്ളി) |

**പീഡിയാട്രിക് കാർഡിയോളജി**

- |                         |                 |
|-------------------------|-----------------|
| 1. ഡോ. എസ്വിൻ ഫ്രാൻസിസ് | (തിങ്കൾ - ശനി)  |
| 2. ഡോ. അനൂ ജോസ്         | (തിങ്കൾ - ശനി)  |
| 3. ഡോ. ബിജേഷ് വി.വി.    | (ചൊവ്വ, വ്യാഴം) |

**പീഡിയാട്രിക് കാർഡിയോക് സർജറി**

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| 1. ഡോ. തോമസ് മാത്യു | (തിങ്കൾ - ശനി) |
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**Advance Booking Numbers**

For Doctors' Appointment: 0484 2401141 (7.00 am to 6.30 pm)  
 For Cardiology / Cardiothoracic doctors: 0484 2401821,  
 0484 2755305 (8.00 am to 4.00 pm)  
 Health Checkup: 0484 2755099, 9497713386 (9.00 am to 5.00 pm)  
 Radiology: 0484 2400811, 0484 2755395 (8.00 am to 6.00 pm)

**For Information**

Cardiology: 0484 2401821, 0484 2755305 (8.00 am to 4.00 pm)  
 Cardiothoracic: 9446037302  
 General Information: 0484 2402044 (24X7)  
 Emergency Dept & Ambulance: 0484 2755301, 9895756164 (24X7)  
 Cashless Insurance: 0484 2755386, 0484 2755306 (8.30 am to 5.30 pm)  
 Gynaecology Emergency: 0484 2755151 (24X7)